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STANDARDS  
Australia



# Stationary training equipment

**Part 8: Steppers, stairclimbers and climbers — Additional specific safety requirements and test methods**



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AS ISO 20957.8:2021

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- Australian Industry Group
- Consumers Federation of Australia
- Engineers Australia
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# Stationary training equipment

## Part 8: Steppers, stairclimbers and climbers — Additional specific safety requirements and test methods

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## Preface

This Standard was prepared by the Standards Australia Committee CS-101, Sports and recreational facilities and equipment.

The objective of this document is to specify safety requirements for stepper, stairclimber and climber machines performed from either a standing or sitting position. The requirements are in addition to the general safety requirements of AS 20957.1:2021, with which this document is intended to be read in conjunction.

This document is applicable to stationary training equipment type stepper, stairclimber and climber training equipment, within classes S and H. Additional requirements are provided for accuracy class A.

This document is identical with, and has been reproduced from, ISO 20957-8:2017, *Stationary training equipment — Part 8: Steppers, stairclimbers and climbers — Additional specific safety requirements and test methods*.

As this document has been reproduced from an International Standard, a full point substitutes for a comma when referring to a decimal marker.

Australian or Australian/New Zealand Standards that are identical adoptions of international normative references may be used interchangeably. Refer to the online catalogue for information on specific Standards.

The terms “normative” and “informative” are used in Standards to define the application of the appendices or annexes to which they apply. A “normative” appendix or annex is an integral part of a Standard, whereas an “informative” appendix or annex is only for information and guidance.

# Contents

Preface .....	ii
Foreword .....	v
<b>1 Scope</b> .....	<b>1</b>
<b>2 Normative references</b> .....	<b>1</b>
<b>3 Terms and definitions</b> .....	<b>1</b>
<b>4 Classification</b> .....	<b>6</b>
<b>5 Safety requirements</b> .....	<b>6</b>
5.1 General .....	6
5.2 External construction .....	6
5.2.1 Additional requirements for squeeze and shear points within the accessible area .....	6
5.2.2 Temperature of accessible surfaces .....	6
5.3 Intrinsic loading .....	6
5.4 Handrails/handlebars .....	6
5.5 Footplatforms and stairs .....	7
5.5.1 Footplatforms .....	7
5.5.2 Stairs .....	7
5.6 Endurance .....	7
5.7 Freewheel .....	7
5.8 Additional requirement for class A .....	7
5.9 Additional requirements for stairclimber .....	8
5.9.1 Stepping on and stepping off .....	8
5.9.2 Manual stopping system .....	8
5.9.3 Automatic stopping system to reduce the risk of entrapment .....	8
5.10 Additional requirements for seated steppers .....	8
5.10.1 Movable handlebars .....	8
5.10.2 Non-movable handlebars .....	8
5.10.3 Seat handlebar .....	9
5.10.4 Seat backrest .....	9
5.11 Additional instructions for use .....	9
<b>6 Test methods</b> .....	<b>9</b>
6.1 General .....	9
6.1.1 Dimensional check .....	9
6.1.2 Visual examination .....	9
6.1.3 Tactile examination .....	9
6.1.4 Performance test .....	9
6.2 Testing of temperature of accessible surfaces .....	9
6.3 Testing of intrinsic loading .....	10
6.3.1 General .....	10
6.3.2 Stepper or climber with independent action .....	10
6.3.3 Stepper or climber with dependent action .....	10
6.3.4 Stairclimber .....	10
6.4 Testing of handrails/handlebars .....	11
6.5 Testing of friction .....	11
6.6 Endurance testing .....	12
6.6.1 General .....	12
6.6.2 Endurance testing for stairclimbers .....	12
6.6.3 Endurance testing for steppers .....	12
6.7 Testing of the additional requirements for class A .....	12
6.8 Testing of stepping on and stepping off .....	13
6.9 Testing of stopping system and clearance between moving stairs and floor or structure .....	13

6.10	Testing for additional requirements for seated steppers.....	14
6.10.1	Movable handlebars.....	14
6.10.2	Non-movable handlebars.....	14
6.10.3	Seat handlebars.....	14
6.10.4	Seat backrest.....	14
<b>7</b>	<b>Test report.....</b>	<b>15</b>
	<b>Bibliography.....</b>	<b>16</b>

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## Foreword

ISO (the International Organization for Standardization) is a worldwide federation of national standards bodies (ISO member bodies). The work of preparing International Standards is normally carried out through ISO technical committees. Each member body interested in a subject for which a technical committee has been established has the right to be represented on that committee. International organizations, governmental and non-governmental, in liaison with ISO, also take part in the work. ISO collaborates closely with the International Electrotechnical Commission (IEC) on all matters of electrotechnical standardization.

The procedures used to develop this document and those intended for its further maintenance are described in the ISO/IEC Directives, Part 1. In particular the different approval criteria needed for the different types of ISO documents should be noted. This document was drafted in accordance with the editorial rules of the ISO/IEC Directives, Part 2 (see [www.iso.org/directives](http://www.iso.org/directives)).

Attention is drawn to the possibility that some of the elements of this document may be the subject of patent rights. ISO shall not be held responsible for identifying any or all such patent rights. Details of any patent rights identified during the development of the document will be in the Introduction and/or on the ISO list of patent declarations received (see [www.iso.org/patents](http://www.iso.org/patents)).

Any trade name used in this document is information given for the convenience of users and does not constitute an endorsement.

For an explanation on the voluntary nature of standards, the meaning of ISO specific terms and expressions related to conformity assessment, as well as information about ISO's adherence to the World Trade Organization (WTO) principles in the Technical Barriers to Trade (TBT) see the following URL: [www.iso.org/iso/foreword.html](http://www.iso.org/iso/foreword.html).

ISO 20957-8 was prepared by the European Committee for Standardization (CEN) Technical Committee CEN/TC 136, *Sports, playground and other recreational facilities and equipment*, in collaboration with ISO Technical Committee TC 83, *Sports and other recreational facilities and equipment*, in accordance with the Agreement on technical cooperation between ISO and CEN (Vienna Agreement).

This second edition cancels and replaces the first edition (ISO 20957-8:2005), which has been technically revised.

The main changes compared to the previous edition are as follows:

- the Scope has been simplified;
- the formulation has been aligned to ISO 20957-1;
- [Clause 5](#) has been specified and restructured;
- [Clause 6](#) has been specified and restructured.

A list of all parts in the ISO 20957 series can be found on the ISO website.

NOTES

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# Australian Standard<sup>®</sup>

## Stationary training equipment

### Part 8: Steppers, stairclimbers and climbers — Additional specific safety requirements and test methods

#### 1 Scope

This document specifies safety requirements for stepper, stairclimber and climber machines (hereafter called training equipment) performed from either a standing or sitting position. The requirements are in addition to the general safety requirements of ISO 20957-1, with which this document is intended to be read in conjunction.

This document is applicable to stationary training equipment type stepper, stairclimber and climber training equipment, within classes S and H. Additional requirements are provided for accuracy class A.

#### 2 Normative references

The following documents are referred to in the text in such a way that some or all of their content constitutes requirements of this document. For dated references, only the edition cited applies. For undated references, the latest edition of the referenced document (including any amendments) applies.

ISO 4649:2010, *Rubber, vulcanized or thermoplastic — Determination of abrasion resistance using a rotating cylindrical drum device*

ISO 20957-1, *Stationary training equipment — Part 1: General safety requirements and test methods*

EN 71-1, *Safety of toys — Part 1: Mechanical and physical properties*

#### 3 Terms and definitions

For the purposes of this document the terms and definitions given in ISO 20957-1 and the following apply.

ISO and IEC maintain terminological databases for use in standardization at the following addresses:

- IEC Electropedia: available at <http://www.electropedia.org/>
- ISO Online browsing platform: available at <http://www.iso.org/obp>

##### 3.1

##### **stepper**

stationary training equipment where the feet move in a reciprocating motion where the foot is not required to leave the foot pedal

Note 1 to entry: See [Figure 1 a](#)).

##### 3.2

##### **mini-stepper**

stepper ([3.1](#)) with a hinge point height to the floor <200 mm

Note 1 to entry: See [Figure 1 b](#)).